
TAAL CLASS NOTES
FEB 1ST 2020

STUDENT NAME

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1 FEB, SAT

Taal Class Session #1

What are the
gharanas? →

- Three Pillars of Kathak

- Nrityā – Nrityā – Abhinayā

29 FEB, SAT

Taal Class Session #2

Why do we wear
them? →
Why wear cloth? →

- Ghunghroo ○ made of brass ○ Petals of ghunghroo
○ Jhunkaar: balls in ghunghroo
- Tatkaar: footwork

21 MAR, SAT

Taal Class Session #3

- TAAL – Teen Taal

- Matra = single beat

25 APR, SAT

Taal Class Session #4

- Khaali

16 MAY, SAT

Taal Class Session #5

- Sann

30 MAY, SAT

TAAL CLASS TEST #6

- Avritti

- Vilambit – Madhyam - Drutt

- Lay – Tempo

- Padhatti: style + movement of a particular form of dance/art e.g. Gharana

- Shuddhā - Deshasthā

↳ authentic ↳ "diluted"



2/1 Taal Class Session #1

- Boxed Breathing
 - Posture w/ "line pull"
 - Feet head width apart
 - Breathe
- Kathak Definition: art of storytelling through dance
 - * Tell story later

+ in notes →

- Tatkkaar: footwork
 - Percussive
- Bhol: wording
 - Different people say different kinds
 - e.g. Variation of bhol
 - Bhol determines footwork style ◦ Bhol for Parnamj

• Tying Ghungroo

- Angika: way you hold yourself up when you stand
 - * Elaborate in another class
 - Spinal structure

• Teen Taal

- Samm ◦ 16 matrix on hand = 16 beat cycle
- Avriti

Lays

- Vilambit: steady, closest to heartbeat, slow
- Madhyam: medium
- Drutt: fast

• Advanced Tempos

- Tha
- Dugun } 5 ki line, 6 ki line
- Chugun

• Banaras Gharana (History)

- Padhatti: how guru approaches style
 - e.g. Banaras has strong tatkkaar

• Taals w/ Todas

- 5 ki Line #1, 2
- * Know 5 todas 5 & 6 Ki Line for next class

• Abhinaya

◦ Natyashastra: combo of arts

↳

◦ 3 Types of Nrit/Nritya (Technique)

◦ Angik Abhinaya: physical

◦ Vachik Abhinaya: poetry

◦ Aharik Abhinaya: dress

◦ Deset Pose

◦ Zero Up strategy

◦ Anghshuddhi: body lang

↳ Uppah Angh: face

↳ Poorva Angh: limbs